

# Post Op Instructions

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## After Sedation Treatment Instructions

- 1) PATIENT CANNOT DRIVE FOR 24 HOURS AFTER TAKING SEDATION MEDICATION
- 2) DO NOT OPERATE ANY HAZARDOUS DEVICES FOR 24 HOURS
- 3) A RESPONSIBLE PERSON SHOULD BE WITH THE PATIENT UNTIL HE/SHE HAS FULLY RECOVERED FROM THE EFFECTS OF THE SEDATION
- 4) PATIENT SHOULD NOT UP AND DOWN STAIRS UNATTENDED. LET THE PATIENT STAY ON THE GROUND FLOOR UNTIL RECOVERED
- 5) PATIENT CAN EAT WHENEVER AND WHATEVER HE/SHE WANTS
- 6) PATIENT NEEDS TO DRINK PLENTLY OF FLUIDS AS SOON AS POSSIBLE
- 7) PATIENT MAY SLEEP FOR A LONG TIME OR MAY BE ALERT WHEN HE/SHE LEAVES. ATTEND TO BOTH AN ALERT OR SLEEPY PATIENT THE SAME. DON'T TRUST HIM/HER ALONE
- 8) ALWAYS HOLD PATIENT'S ARM WHEN WALKING
- 9) CALL US IF YOU HAVE ANY QUESTIONS OR DIFFICULTIES. IF YOU FEEL THAT YOUR SYMPTOMS WARRANT A PHYSICIAN AND YOU ARE UNABLE TO REACH US. GO TO THE CLOSEST EMERGENCY ROOM IMMEDIATELY
- 10) PATIENT SHOULD NOT CARRY, SLEEP NEXT TO OR BE LEFT ALONE WITH THE ELDERLY OR YOUNG CHILDREN FOR A PERIOD OF NO LESS THAN 24 HOURS AFTER THE LAST DOSAGE OF MEDICATION
- 11) **DRIVE HOME, & CALL THE OFFICE WHEN YOU ARRIVE AT HOME AND THE PATIENT IS COMFORTABLE & SAFE**

FOLLOWING MOST SURGICAL PROCEDURES THERE MAY OR MAY NOT BE PAIN, DEPENDING ON YOUR THRESHOLD FOR PAIN. YOU WILL BE PROVIDED WITH MEDICATION FOR DISCOMFORT THAT IS APPROPRIATE FOR YOU. IN MOST CASES, A NON-NARCOTIC PAIN REGIMEN WILL BE GIVEN CONSISTING OF *ACETAMINOPHEN* (TYLENOL) AND *IBUPROFEN* (ADVIL). THESE TWO MEDICATIONS **TAKEN TOGETHER**, WILL BE AS EFFECTIVE AS A NARCOTIC WITHOUT ANY OF THE SIDE EFFECTS ASSOCIATED WITH NARCOTICS. IF A NARCOTIC HAS BEEN PRESCRIBED, FOLLOW THE DIRECTIONS CAREFULLY. IF YOU HAVE ANY QUESTIONS ABOUT THESE MEDICATIONS INTERACTING WITH OTHER MEDICATIONS YOU ARE PRESENTLY TAKING, PLEASE CALL OUR OFFICE FIRST, YOUR PHYSICIAN AND/OR YOUR PHARMACIST.

Dr. Mazza 301-986-0025

Date:

COMPANION'S SIGNATURE:

PATIENT'S SIGNATURE:

- MEDICATIONS: Take only when checked
- ☐ AMOXICILLIN-Fill prescription and take as directed
  - ☐ ERYTHROMYCIN-Fill prescription and take as directed
  - ☐ TYLENOL(ACETAMINOPHEN)-Take two every 4 hours
  - ☐ ADVIL(IBUPROFEN)-Take two every 4 hours
  - ☐ LORATAB-For PAIN ONLY Take one every 6 hours
  - ☐ VITAMIN C-one(1000mg) at every meal 3x a day
  - ☐ Co Q 10 – 50mg 2x a day